THIS YEAR GIVE THE MOST PRECIOUS GIFT
LIFE
ARRIVE ALIVE
Festive Season Safety Tips

Brought to you by www.arrivealive.co.za in partnership with www.miningsafety.co.za
ROAD SAFETY TIPS FOR THE FESTIVE SEASON

1 - Obey the rules of the road and carry you drivers license with you.

2 - Plan the route to your holiday destination and give your self enough time to reach the destination

3 - Make sure that your vehicle is in a roadworthy condition before departure. All lights and indicators, windscreen wipers, brakes, steering, exhaust system and tyres should be carefully examined for faults.

4 - Do not overload.

5 - Try to avoid driving after dark if possible.

6 - Have a good rest before you embark on your journey.

7 - Take safety breaks every 2 hours or 200km

8 - Do not drink and drive

9 - Try to recognize potentially dangerous drivers on and pedestrians alongside the road and keep well clear of them

10 - Be visible – drive with your lights on

11 - Headlights should be dipped well before an approaching vehicle is within range of the main beam.

12 - Always wear your seat belt and see that everyone in the car is wearing theirs.

13 - Drive defensively

14 - Stay within the speed limit at all times

15 - Only overtake when it is absolutely safe to do so

16 - Maintain at least a 2 second following distance - this distance should be increased at night, in foggy or rainy conditions and when the road is wet.

17 - Expect others not to be as obedient to the law as yourself

18 - Be courteous towards fellow road users - keep your temper and resist the temptation to retaliate

Share these suggestions with your family and friends – And may you and your family have a happy and safe festive season!!

[Advice from www.arrivealive.co.za]

WHAT DO I DO IN AN EMERGENCY?

Know the Emergency numbers

Police: 10111
Ambulance: 10177
Emergency: 112
ER24: 084 124
Netcare911: 082 911

Where do I report Bad Driving?

National Traffic Call Centre Number: 0861 400 800

Assist Emergency Response Units by

- Ensuring they have information on hand when calling - accurate address details and nature of the incident.
- Landmarks are useful and if no street names exist, agree on a meeting area at a specific landmark.
- Allowing emergency vehicle right of way to respond to the emergencies and giving way timeously.
- Allowing access to the scene of the incident and patient/s.
- Send someone to meet the vehicles, ensure that security at entrance points are made aware of emergencies in complexes.
- Switch on some outside lights if incident is at night
- Clear access routes and lock away any dangerous or vicious domestic animals.

Help is at Hand!

Road Safety Information on your Mobile phone – www.arrivealive.mobi

Information on:

- Treatment at scene
- Emergency Response
- Legal Duties
- Vehicle Recovery
- Tourist Tips
- Planning Your Trip
- Your Vehicle
- Passenger Safety
- Avoiding Hijacking
- Avoiding Pedestrians
- Driver Fitness
- Avoiding Road Rage
- Fatigue
- Windscreen Safety
- Drunk Driving

THIS YEAR GIVE THE MOST PRECIOUS GIFT

LIFE

ARRIVE ALIVE

Feature Season Safety Tips